

Plexus Products Details, Ingredients, and FAQs

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Warnings:

- Plexus Worldwide, Inc. products are not intended for expectant or nursing mothers.
- Not intended for children under the age of 18 (except for Family Chewables)
- Before starting this or any other supplementation, consult a physician first.
- If unpleasant effects occur, discontinue use.

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Plexus Products Details, Ingredients, and FAQs

PLEXUS SLIM

Having trouble losing weight and keeping it off? You're not alone. But don't worry! Finally there is the most-natural way to help you lose weight. Plexus Slim is the most-natural way to lose weight and inches by burning fat, not muscle. Slim also helps keep blood sugar, cholesterol and lipids at healthy levels. In addition, Slim helps reduce binge eating and increases your willpower over food. Simply pour into a bottle of water 30 minutes before a meal, drink, and experience the results you've been dreaming of.

Features & Benefits:

- Safe and effective weight control*
- Helps maintain healthy blood sugars*
- Helps maintain healthy blood pressure*
- Helps maintain healthy cholesterol and lipid levels*
- Proven ingredients—including Alpha Lipoic Acid, Chlorogenic Acid, and Garcinia Cambogia—that address all areas of weight loss*
- No meal replacements*
- No shakes*
- Fast and easy*
- Saves you time*
- A simple solution combined with water to help you succeed.*

The Mechanics of Weight Loss

The body naturally stores fat. The most common areas are the stomach, thighs and buttocks. These excess fat stores contain toxins that cause havoc with our immune system.

Leveraging the research and experience of one of the world's largest high-quality ingredient compounder, Plexus Slim harnesses the beneficial essence of 2 plant extract concentrates, provides proven effectiveness in slimming and provides beauty benefits. Compounded using a proprietary process, Plexus Slim possesses a unique composition. Its effectiveness has been clinically proven.

INGREDIENTS

Listed below is EVERY SINGLE ingredient that is in PLEXUS SLIM! Check them out for yourself:

- Plexus Slim Blend:
 - Green Coffee Bean Extract (Chlorogenic Acid)
 - Garcinia Cambogia
 - Alpha Lipoic Acid
- Chromium - (Chromium Polynicotinate)
- Polydextrose
- Natural Flavors
- Citric Acid
- Beet Root Extract (for Color)
- Stevia Leaf (Stevia rebaudiana) Extract
- Lo-Han-Guo Fruit Extract
- Guar Gum
- Silicon Dioxide

FAQs

Does Plexus Slim contain any MSG? Plexus Slim does not contain MSG or other proven red-flag ingredients. Although some manufacturers play label games to hide MSG and other controversial ingredients, all of the chemical names used in labeling Plexus Slim are the chemical break downs of the various plant extracts used. Monosodium Glutamate has been used as a preservative in many foods. There is also a theory out there that it has been used in fast foods and grocery store foods to cause people to want to eat more, thus purchase more of the product. We have never seen any empirical data to support the claim. Of course, none of that applies to Plexus Slim because there simply isn't any in our product.

What is the sweetener in Plexus Slim? Much time and effort has been expended in developing the taste of Plexus Slim. The goal was to create a good tasting product without using harmful or controversial ingredients. The final formulation that produced the desired taste uses a combination of Stevia and Lao Han. Stevia being a leaf extract and Lao Han being a fruit extract. During product development, several variations of the formula were created using only Stevia. The result was a bitter aftertaste considered by most test subjects to be unpleasant. Stevia and Lao Han are both safe and effective alternatives to sugar and artificial sweeteners.

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Supplement Facts

Serving Size 1 Slim Pack

Servings Per Container 30

	Amount per Serving	% DV**
Calories	10 cal	
Total Carbohydrate	3 g	1%*
Chromium	200 mcg	167%
(as chromium polynicotinate)		
Plexus Slim® Blend	530 mg	**
Green coffee bean extract (contains chlorogenic acid and less than 2% natural caffeine), <i>Garcinia cambogia</i> fruit extract, alpha lipoic acid		

*Percent Daily Values are based on a 2,000 calorie diet

**Daily Value (DV) not established

Other Ingredients: Polydextrose, citric acid, natural flavors, beet extract (for color), stevia leaf (*Stevia rebaudiana*) extract, luohan-guo fruit extract, guar gum, silicon dioxide

Plexus Products Details, Ingredients, and FAQs

What are the ingredients in Plexus Slim and are they safe? Yes, it is safe. Ingredients: Chromium, Proprietary blend of Chlorogenic Acid (from Green Coffee *Coffea arabica* Bean) Extract (contains less than 2% natural caffeine), Garcinia cambogia Fruit Extract, Alpha Lipoic Acid. Other Ingredients: POLYDEXTROSE, CITRIC ACID, NATURAL FLAVORS, BEET (BETA VULGARIS ROOT) EXTRACT (FOR COLOR), STEVIA (STEVIA REBAUDIANA LEAF) EXTRACT, LUO HAN GUO (SIRAITIA GROSVENORII FRUIT) EXTRACT.

When can I expect to experience weight loss? It is a very subtle yet effective product. Most people begin to recognize benefits approximately 2 weeks after starting the product. Some experience benefits sooner, others, later.

Are there any stimulants in Plexus Slim? Chlorogenic Acid is extracted from Green Coffee *Coffea Arabica* Bean and contains less than 2% natural caffeine.

When is the best time to drink Plexus Slim? Preferably 15-30 minutes before a meal. However, Plexus Slim can be taken anytime and will still benefit the consumer.

How often do I have to take Plexus Slim? Most people only need to take Plexus Slim once a day to get the desired results. However, people who struggle with weight loss or people who have a lot of weight to lose, may find that taking Plexus Slim twice a day works better for them.

How is Plexus Slim sweetened? Plexus Slim is sweetened with Stevia Leaf Extract and Lo Han Fruit

Whenever I go on a diet, I seem to lose fat from my breasts first. Will Plexus Slim cause the same thing to happen? Is there anything I can do about preventing the fat from coming off my breasts? Breast fat is different than the adipose body fat that accumulates around the waist, hips and thighs. Plexus Slim tends to go after the adipose fat and leave the Breast fat alone.

Do I need to exercise on the Plexus Slim program? According to the developers of the product, it is not necessary for you to exercise as part of the Plexus Slim program. However, they also say that any moderate exercise – like a 20 to 30 minute brisk walk every day – will dramatically increase the speed with which Plexus Slim works.

Do I need to eat differently when I am taking Plexus Slim? This is a really important question and here is a very simple thing to keep in mind: if you keep on doing what you have always been doing, you will keep on getting what you have always been getting. In reverse, if you want to lose weight permanently, you will need to eat differently than before. Plexus Slim is formulated to help you make a life-style change to your eating habits. Plexus Slim contains natural ingredients that have been shown to reduce appetite. However, some people just ignore their body's new messages and keep on eating like before. Some people eat emotionally; they eat because they are stressed or upset. Most people are trained to eat with their eyes and eat by the clock. What do we mean by that? Has this ever happened to you? You look at the clock and realize it is supper time. You sit down to eat your supper and realize that you really aren't hungry. But, because it is supper time, you eat your supper anyway. That's what we mean by eating by the clock. Some people sit down for a meal and fill up their entire plate with food. Then, they eat until everything on the plate is gone. They are not listening to their bodies. Weight loss specialists tell us that the stomach is really designed to consume a meal that is about the size of a clenched fist. If you go to a restaurant, try ordering an appetizer for your main meal. Wait a few minutes after you finish eating. If you are still hungry after you have had your appetizer, you can always order another appetizer. Our guess is that if you listen to your body, you will realize that you are full. And, one other thing, your pocket book will also appreciate the lower cost of the meal. If you are looking for a restaurant and you see the sign "All You Can Eat" or if you see "Buffet Dinner Tonight", please drive on. We have been trained to always get the best deal we can for our money. When we are at a buffet that means that we need to go back at least three times AND go for dessert as well just to make sure we get full value for what we have paid. Make a decision: Do you want to lose weight and keep it off by making a small life-style change? If so, Plexus Slim is designed to help you do that. On the other hand, if you want to make sure you are getting the biggest bang for you buck by stuffing yourself at the buffet, you can forget about permanent weight loss.

Will Plexus Slim cause me to notice a loss in pounds or inches? Every person is different and what happens with one person is not necessarily what is going to happen with another. Most people report that they lose inches first. That is why we urge you to take your starting measurements. That may be where your results first show up. On the other hand, we have had people reporting a loss in weight before the loss of inches show up.

Do I have to give up drinking alcohol to lose weight with Plexus Slim? This is a very individual thing. Some people have told us that, throughout their adult life they have never been able to lose weight unless they give up drinking. The developers of Plexus Slim say that, for most people, moderate drinking will not stop the weight loss from occurring. You need to use your own judgment. Alcoholic beverages are very high in calories. Consume too many calories and you are going to be working against the Plexus Slim program.

Is Plexus Slim vegetarian? Yes.

Is Plexus Slim gluten-free? Yes.

Is Plexus Slim vegan? Yes.

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PLEXUS ACCELERATOR +



If you thought Plexus Slim was a terrific way to lose weight, just wait until you team it up with Plexus Accelerator+. When taken with Plexus Slim, the Accelerator+ helps speed up weight loss or helps people overcome weight plateaus. Simply take one capsule with one stick pack of Plexus Slim 30 minutes after breakfast. The combination of ingredients in the Plexus Slim and Plexus Accelerator+ work synergistically to help you lose weight—easy and fast!

If you do have serious health issues, just ask your physician if it is ok for you to take and if it will be compatible with your medications. The main ingredients are Higenamine Hydrochloride, Hordenine Hydrochloride, 5HTP (hydroxytryptophane from griffonia seed extract), Hawthorne (berry) Extract, Green Tea (leaf) Extract and Yerba Mate. When this special blend comes together to make Accelerator+, you have something that is targeted toward helping you hit your goals...sooner!

NOTE: Plexus Accelerator+ was designed as a companion product to Plexus Slim. We recommend you do not use Accelerator+ alone.

Features & Benefits:

- Boosts weight loss safely and effectively *
- Proven ingredients — to boost metabolism, suppress appetite and accelerate weight loss *
- Increases energy *
- Suppresses appetite *
- Speeds up weight loss in fat and inches *
- Synergistic benefits help increase the effectiveness of Plexus Slim *
- Convenient and easy to use *
- Great 3-day and 7-day packs to sample the products *
- Gluten Free *

INGREDIENTS

Listed below is EVERY SINGLE ingredient that is in Plexus Accelerator+ Check them out for yourself:

- Plexus Proprietary Blend - 950mg
 - Yerba mate (leaf) Extract
 - Higenamine Hydrochloride
 - Hordenine Hydrochloride
 - Hawthorn (berry) Extract
 - 5-HTP (5-hydroxytryptophane from griffonia seed extract)
 - Green Tea(leaf) extract
- Niacin (as niacinamide) - 20mg
- Vitamin B6 (as pyridoxine hydrochloride) - 30mg
- Folic Acid 400mcg
- Vitamin B12 (as methylcobalamin) - 500mcg
- Calcium (as calcium glycinate) - 16mg
- Chromium (as chromium picolinate) - 150mcg
- Hypromellose (vegetable capsule)
- Magnesium Stearate
- Rice Flour
- Titanium Dioxide

Supplement Facts

Serving Size 2 Capsules	Servings per Container 30	
Amount per Serving		% DV**
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	30 mg	1500%
Folic acid	400 mcg	100%
Vitamin B12 (as methylcobalamin)	500 mcg	8333%
Calcium (as calcium glycinate)	16 mg	2%
Chromium (as chromium picolinate)	150 mcg	125%
Proprietary Blend	950mg	**
Yerba maté (leaf) extract, higenamine hydrochloride, hordenine hydrochloride, hawthorn (berry) extract, 5-HTP (hydroxytryptophan from griffonia seed extract), green tea (leaf) extract		

**Daily Value (DV) not established

Other Ingredients: Hypromellose (vegetable capsule), rice flour, magnesium stearate, titanium dioxide

FAQs

How much caffeine is in Plexus Accelerator+? There is roughly 20-25mg of caffeine in a serving (2 capsules) of Plexus Accelerator+.

Is Accelerator+ gluten-free? Yes.

What is Hordenine? Hordenine is a natural occurring substance commonly found in Barley. Research has shown that Hordenine has thermogenic/stimulant properties that may help in weight loss.

Would Hordenine cause a false-positive show on a drug test? While very unlikely, Hordenine may show up as a false positive on a urine drug test for opiates. However, the results should indicate Hordenine, and Hordenine is not an illegal substance nor is Hordenine an opiate. Research has indicated that a false positive for drug testing is unlikely; however, you should indicate any medications, including supplements, you are taking prior to a drug screen.

What is Higenamine? Higenamine is commonly found in plants, and is found in all parts of the Lotus plant. Research has shown that Higenamine may help with weight loss.

What is 5-HTP (5-Hydroxytryptophan)? 5-HTP (5-Hydroxytryptophan) is a deeply researched ingredient that may reduce eating behaviors, reduce caloric intake, and promote weight loss. However, 5-HTP has shown to have interactions with anti-depressants or any medications that increases/regulates serotonin level. Please consult your doctor before taking any product containing 5-HTP. If a person is restricted to taking 50mgs of 5-HTP or less per day, one (1) capsule of Accelerator+ would not exceed this limit.

What is the suggested use for Plexus Accelerator+? In the morning, take one or two capsules with one stick-pack of Plexus Slim. This product is not intended for long term use. It should be taken to help jump start the weight loss benefits of Plexus Slim. If you are taking Plexus Slim strictly for non-weight related health benefits, this product is not necessary. Recommended: Drink 8 glasses of water per day. Do not take too late in the day as sleep may be impaired. Do not exceed suggested use. This product is not intended for expecting or nursing mothers, or if you have a heart condition, high blood pressure, caffeine sensitivity, or any other cardiovascular condition.

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PLEXUS BOOST



This product can be used with all Plexus products **EXCEPT the accelerator +. It's one or the other - not both!**

Looking to turn up the heat on your weight loss? Plexus Boost is an alternative companion to Plexus Slim, formulated to energize your life! The thermogenic blend of ingredients in Boost contains Caralluma Fimbriata, an edible cactus that has been traditionally used by tribal East Indians for years to suppress hunger and enhance endurance through increased energy. It has now been clinically proven to suppress appetite, reduce body weight and increase energy intake. Plexus Boost also contains Yerba Mate which has been shown to be a stimulant, and it may assist with weight management. The Higenamine used in Plexus Boost, sourced from Tangerine Peel and Lotus Seed, has been shown to increase energy. Plexus Boost is sure to live up to its name, helping deliver the weight loss results you want and the energy you need. *

INGREDIENTS

Listed below is EVERY SINGLE ingredient that is in PLEXUS BOOST! Check them out for yourself:

- Plexus Proprietary Blend - 608mg
 - Citrus Reticulata / Nelumbo Nucifera blend (Higenamine from tangerine Peel / Lotus Seed))
 - Yerba Mate Extract
 - Caralluma Fimbriata Extract
 - Green Tea Extract
- Calcium Glycinate (32%) – 50mg
- Vitamin B6 – 30mg
- Niacin – 20mg
- Chromium Picolinate (10%) – 1.5mg
- Vitamin B12 (methylcobalamin) – 500mcg
- Folic Acid – 400 mcg
- Rice Flour
- Magnesium Stearate

FAQs

Do I have to take Plexus Boost with Plexus Slim? No, you do not. Plexus Boost may be taken by itself, or in combination with Plexus Slim. However, Slim and Boost work most effectively together.

What is the suggest use for Plexus Boost? We recommend taking 1-2 capsules 30 minutes before breakfast and/or lunch.

How much caffeine is in Plexus Boost? There is roughly 20-25mg of caffeine in a serving (2 capsules) of Plexus Boost.

Could Plexus Boost cause a false positive on a drug test? No, Plexus Boost will not cause a false positive on a drug test.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving	% Daily Value	
ACTIVE INGREDIENTS		
102.4mg		**
Calcium Glycinate (32%)	50mg	**
Vitamin B6	30mg	**
Niacin	20mg	**
Chromium Picolinate (10%)	1.5mg	**
Vitamin B12 (methylcobalamin)	500mcg	**
Folic Acid	400mcg	**
PROPRIETARY BLEND		
608mg		**
Citrus Reticulata/Nelumbo Nucifera blend (Higenamine from Tangerine Peel/Lotus Seed)		
Yerba Mate Extract		
Caralluma Fimbriata Extract		
Green Tea Extract		
ADDITIONAL INGREDIENTS		
Rice Flour, Magnesium Stearate		
** Daily Value not established		

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Plexus Products Details, Ingredients, and FAQs

PLEXUS BLOCK



Experts typically point to the overconsumption of simple carbohydrates, sugars and starches as a primary culprit in our declining state of health. The problem with these foods is that they are quickly converted to glucose in the body, which spikes blood-sugar levels and ultimately contributes a range of health problems, particularly over the long-term.*

But there's good news! Plexus Block does just what its name suggests— it blocks the absorption of starches and sugars up to 48%, thereby promoting healthy blood sugar levels and contributing to an enhanced state of overall wellness*

Features and Benefits:

- Beneficially modulates starch and table sugar digestion/absorption*
- Promotes healthy weight control*
- Minimizes free radical damage/oxidative stress. *

INGREDIENTS

Listed below is EVERY SINGLE ingredient that is in Plexus Block! Check them out for yourself:

- Proprietary Blend
 - White Kidney Bean 10:1 Extract
 - InSea2® Brown Seaweed Blend (*Ascophyllum Nodosum*, *Fucus Vesiculosus*) standardized to 20% polyphenols
- Microcrystalline Cellulose
- Gelatin
- Magnesium Stearate
- Silicon

FAQs

Is Plexus Block GMO free? Plexus Block is GMO free.

Is Plexus Block natural? Yes, Plexus Block is natural.

Is Plexus Block Gluten, Soy and Dairy Free? Yes.

Does Plexus Block contain any Shellfish? No, this product does not contain any Shellfish.

How much Iodine is in Plexus Block? In 1 serving (2 Capsules) there is approximately 140mcg of Iodine.

What type of Iodine is in Plexus Block? The naturally occurring iodine in Plexus Block is iodide.

Can Plexus Block be taken if I have a thyroid issue, or am on medication? You should consult your physician before taking Plexus Block to determine if it is safe for you.

Can Plexus Block be taken while pregnant or breastfeeding? No, you should consult with your physician before taking any dietary supplements.

Can Plexus Block be taken with other Plexus products? Yes, Block can be taken with all other Plexus Products.

Does Plexus Block help with appetite suppression? If Block is taken in the optimal dose (4 capsules a day), you may experience increased satiety or feelings of fullness.

Does Plexus Block help with sugar cravings? Plexus Block does not address sugar cravings; however, if taken in the optimal dose it may increase satiety which will cause the feeling of fullness.

Can I take Plexus Block if I have high blood pressure or a heart condition? Yes, Plexus Block's mechanism of function has no effect on high blood pressure or heart conditions. Always consult a physician before starting this or any other supplementation.

Supplement Facts	
Serving Size 2 Capsules	Serving per Container 30
Amount per Serving	%DV**
Proprietary Blend	1100 mg **
White Kidney Bean 10:1 Extract, InSea2® Brown Seaweed Blend (<i>Ascophyllum nodosum</i> , <i>Fucus vesiculosus</i>) standardized to 20% polyphenols	
**Daily Value not established	
Other Ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silicon dioxide.	
InSea2® is a registered trademark of innoVactiv inc.	
InSea2® contains naturally occurring iodine.	
Keep out of reach of children.	
Store tightly closed in a cool, dry place.	

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Plexus Products Details, Ingredients, and FAQs

PLEXUS ProBio5



As a result of the modern lifestyle, most of our bodies are burdened with toxic waste and sluggish metabolisms. Having an excess of toxic waste can leave the body tired, achy, and bloated, with a low energy level and weakened immune system. Detoxification is a process that expels excess waste and accumulated toxins from our body. Fortunately, Plexus has developed products to help the body detoxify and cleanse the gastro-intestinal tract and arteries.*

Having an unbalanced intestinal tract can lead to problems; therefore One of the best things you can do for your health is maintain a balanced intestinal system. ProBio 5 was specifically designed to encourage balance in the body through the intestinal tract. ProBio 5 may help replenish internal flora to its proper state of balance in the body, which may create an intestinal system that is less likely to promote the overgrowth of 'less healthy' bacteria.*

Features & Benefits:

- Proper probiotic balance in the intestinal tract*
- Provides 5 strains of probiotic bacteria for supporting the immune system*
- Contains enzymes to aid in the breakdown of proteins and fibrous foods during digestion, contributing to a balanced intestinal system*
- May help inactivate free radicals or free radical-initiated chemical reactions in the body*
- Proper intestinal balance which increases nutrient absorption*

Why put enzymes in ProBio5? Yeast and fungal organisms are comprised of proteins, chitin, and cellulose structures. Proteins are broken down by protease enzymes, and cellulose is broken down by cellulase. The chitin structure can only be processed in the presence of the chitinase (chitosinase) enzyme. The enzyme profile in ProBio5, which is micro encapsulated, is designed to process away the protein-based outer layer of yeast and fungal organisms. This then exposes the interior of these organisms to the cellulose of the chitosinase in the ProBio5.*

At the time of manufacture, there are 2 billion probiotic live cells in 1 capsule of ProBio5. That number is less than others out there, however the quality of the strains is actually what is important and we have quality strains, PLUS ours has the antifungals and the enzymes to break down the yeast. With the quality of the strains included, the count is less important.*

INGREDIENTS

Listed below is EVERY SINGLE ingredient that is in **ProBio5!** Check them out for yourself:

- **ProBio5 Probiotics Blend** – 100 mg
 - Bacillus Coagulans
 - Lactobacillus Acidophilus
 - Lactobacillus Planterum
 - Bifodobacterium Longum
 - Saccharomyces Boulardii
- **ProBio5 Proprietary Enzyme Blend** – 200 mg
 - Proteases
 - Chitosanase (from Bacillus Coagulans)
 - Cellulase
 - Serrapeptase (as Peptizyme SP™)
- **Grape Seed Extract** – 25 mg
- **Vitamin B6** (as pyridoxine hydrochloride) – 2.5 mg
- **Vitamin C** (as ascorbic acid) – 150 mg
- **Geletin**
- **Water**
- **Brown rice powder**
- **Contains yeast**

FAQs

What is the suggested use for ProBio5? Take one capsule with evening meal or at bedtime for maintenance. **Optional:** Take two to four capsules with evening meal or at bedtime, until desired results are achieved.

Is ProBio5 gluten-free? Yes.

Is Plexus ProBio5 Dairy-free? Yes.

Why is there Yeast in ProBio5? ProBio5 contains yeast in the form of a probiotic called Saccharomyces boulardii. This probiotic yeast helps to get rid of unwanted bad yeast- much like the good bacteria in a probiotic kills off the bad bacteria. Saccharomyces boulardii does the same.

How many CFUs are in ProBio5? At the time of manufacture, there are 2 billion probiotic live cells in 1 capsule of ProBio5.

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Supplement Facts

Serving Size 1 Capsule		
Servings Per Container 60		
	Amount per Serving	% DV**
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin B6 (as pyridoxine hydrochloride)	2.5 mg	125%
Proprietary Enzyme Blend	200 mg	**
Proteases		**
Chitosanase (from Bacillus coagulans)		**
Cellulase		**
Serrapeptase (as Peptizyme SP®)		**
Probiotic Blend	100 mg	**
Bacillus coagulans		**
Lactobacillus acidophilus		**
Bifodobacterium longum		**
Lactobacillus plantarum		**
Saccharomyces boulardii		**
Grape Seed Extract	25 mg	**

**Daily Value (DV) not established

Other Ingredients: Gelatin, water, brown rice powder
Contains: Yeast

Suggested Use: Take one serving with evening meal or at bedtime for maintenance.

Optional: Take up to four capsules with evening meal or at bedtime, until desired results are achieved.

Keep out of reach of children

Store tightly closed in a cool, dry place.

Distributed by: PLEXUS WORLDWIDE, INC.
15649 N. Greenway Hayden Loop
Scottsdale, AZ 85260

At the time of manufacture, there are 2 billion live cells in 1 capsule of ProBio5

Peptizyme SP® is a registered trademark of Specialty Enzymes & Biotechnologies, Chino, CA

WARNING:

Pregnant or nursing mothers, or if under medical care, consult a health practitioner prior to use. If taken with anticoagulant drugs, use under medical supervision.

L1-PBCA-880C

Plexus Products Details, Ingredients, and FAQs

PLEXUS BIOCLEANS

As a result of the modern lifestyle, most of our bodies are burdened with toxic waste and sluggish metabolisms. Having an excess of toxic waste can leave the body tired, achy, and bloated, with a low energy level and weakened immune system. Detoxification is a process that expels excess waste and accumulated toxins from our body. Fortunately, Plexus has developed products to help the body detoxify and cleanse the gastro-intestinal tract and arteries.*

Features & Benefits:

A specially formulated Magnesium compound with Oxygen Enhancement and Vitamin C with Bioflavonoids, Plexus Bio Cleanse may help do the following

- Oxygenates the entire body*
- Helps cleanse the gastro-intestinal tract and arteries*
- Helps energize the body*
- Enhances weight loss*
- Supports collagen production*
- Relieves occasional constipation (that is not associated with chronic constipation, which may be a symptom of a serious disease)*

INGREDIENTS:

Listed below is EVERY SINGLE ingredient that is in BioCleanse! Check them out for yourself:

- Vitamin C (as Ascorbic Acid) – 150 mg
- Magnesium (as Magnesium Hydroxide) – 380 mg
- Sodium (as Sodium Bicarbonate) – 50 mg
- Bioflavonoid Complex [orange (peel), lemon (peel), quince (whole fruit)] – 50 mg
- Other Ingredients:
 - Hypromellose (vegetable capsule)
 - Rice flour

FAQs

How does Plexus Bio-Cleanse help you? Plexus Bio-Cleanse oxygenates and energizes your body while detoxifying the gastrointestinal tract

Supplement Facts

Serving Size 2 Capsules
Servings per Container 60

	Amount per Serving	%DV
Vitamin C (as ascorbic acid)	150 mg	250%
Magnesium (as magnesium hydroxide)	380 mg	95%
Sodium (as sodium bicarbonate)	50 mg	2%
Bioflavonoid Complex (Orange (peel), lemon (peel), quince (whole fruit))	50 mg	**

**Daily Value (DV) not established

Other Ingredients: Hypromellose (vegetable capsule), rice flour

Suggested Use: 2 capsules with 8oz of water 2 times daily between meals.

Keep out of reach of children.

Store tightly closed in a cool, dry place.

Distributed by:

Plexus Worldwide
Scottsdale, AZ 85258
1-480-998-3490

plexus
WORLDWIDE

L1-BZCA-120F

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Plexus Products Details, Ingredients, and FAQs



PLEXUS 96

Plexus 96, our protein meal on-the-go, is designed to support you on your Plexus Weight Loss program. Find yourself in a hurry with no time to stop for breakfast? Tempted to pick up a quick fast-food lunch? Plexus 96 is there to rescue you. Avoid high calorie meals and starving yourself.

Features & Benefits

- Only 100 calories*
- Contains more than 20 vitamins and minerals for optimal nutrition*
- Delivers high-quality whey protein isolate and concentrate to help build lean muscle and fuel the body's needs*
- Provides comprehensive amino acid profile for proper brain, muscle and energy function*
- Helps curb cravings and hunger*
- Helps maintain optimal blood glucose levels*
- Delicious and easy to use for an active lifestyle*

INGREDIENTS

Listed below is EVERY SINGLE ingredient that is in Plexus 96! Check them out for yourself:

- Whey Protein Concentrate
- Maltodextrin
- Natural Flavors
- Xanthan Gum
- Whey Protein Isolate
- L-Taurine
- Stevia
- Glucomannan
- Cocoa Powder (Chocolate P96 Only)
- Contains: Milk, Soy Lecithin

FAQs

What sweetener is used in Plexus 96? Stevia, the only safe, no-calorie sweetener on the planet.

What fiber is used in Plexus 96, and what are the benefits? Glucomannan. The benefits are that it is a soluble fiber, which adds bulk to stool for better regularity and enhanced elimination. Glucomannan absorbs up to 200 times its volume, gives a sensation of fullness, slows digestion, and helps curb hunger between meals or at night.

What are the benefits of the Amino Acid blend? The Amino Acid blend provides rapid energy, and is quickly digested.

What is whey protein? Whey protein powder is a derivative of milk. Warning, if you have a milk allergy, please consult your doctor before taking the product.

Is P96 gluten-free? Yes. Plexus 96 chocolate and vanilla are gluten-free.

VANILLA

Supplement Facts

Amount per Serving		% Daily Value
Calories 100	Calories from fat 10	
Total Fat 1g		2%
Saturated Fat 0.5g		3%
Trans Fat 0g		**
Cholesterol 30mg		10%
Total Carbohydrates 4g		1%
Dietary Fiber 0g		0%
Sugars 0g		**
Protein 15g		30%
Vitamin A (as palmitate)	1250 IU	25%
Vitamin C (as ascorbic acid)	15 mg	25%
Vitamin D (as cholecalciferol)	100 IU	25%
Vitamin E (as succinate)	5 IU	17%
Thiamin (as thiamin hydrochloride)	375 mcg	25%
Riboflavin	425 mcg	25%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	500 mcg	25%
Folic acid	100 mcg	25%
Vitamin B12 (as methylcobalamin)	2 mcg	33%
Biotin (as d-biotin)	75 mcg	25%
Pantothenic acid (as d-calcium pantothenate)	2.5 mg	25%
Calcium (as calcium citrate, calcium from whey protein concentrate)	150 mg	15%
Magnesium (as magnesium citrate)	50 mg	12%
Zinc (as zinc oxide)	3.75 mg	25%
Selenium (as selenomethionine)	18 mcg	26%
Copper (as copper gluconate)	70 mcg	3%
Manganese (as manganese ascorbate)	500 mcg	25%
Chromium (as chromium picolinate)	30 mcg	25%
Sodium (from whey protein)	30 mg	1%
Potassium (as potassium citrate)	315 mg	9%

* Percent Daily Values are based on a 2,000 calorie diet
** Daily Value (DV) not established

Other ingredients: Whey protein concentrate, maltodextrin, natural flavors, xanthan gum, whey protein isolate, stevia, glucomannan, L-tryptophan

Contains: Milk, soy lecithin

CHOCOLATE

Supplement Facts

Amount per Serving		% Daily Value
Calories 100	Calories from fat 10	
Total Fat 1g		2%
Saturated Fat 0.5g		3%
Trans Fat 0g		**
Cholesterol 30mg		10%
Total Carbohydrates 3g		1%
Dietary Fiber 0g		0%
Sugars 0g		**
Protein 15g		30%
Vitamin A (as palmitate)	1250 IU	25%
Vitamin C (as ascorbic acid)	15 mg	25%
Vitamin D (as cholecalciferol)	100 IU	25%
Vitamin E (as succinate)	5 IU	17%
Thiamin (as thiamin hydrochloride)	375 mcg	25%
Riboflavin	425 mcg	25%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	500 mcg	25%
Folic acid	100 mcg	25%
Vitamin B12 (as methylcobalamin)	2 mcg	33%
Biotin (as d-biotin)	75 mcg	25%
Pantothenic acid (as d-calcium pantothenate)	2.5 mg	25%
Calcium (as calcium citrate, calcium from whey protein concentrate)	150 mg	15%
Magnesium (as magnesium citrate)	50 mg	12%
Zinc (as zinc oxide)	3.75 mg	25%
Selenium (as selenomethionine)	18 mcg	26%
Copper (as copper gluconate)	70 mcg	3%
Manganese (as manganese ascorbate)	500 mcg	25%
Chromium (as chromium picolinate)	30 mcg	25%
Sodium (from whey protein)	30 mg	1%
Potassium (as potassium citrate)	315 mg	9%

* Percent Daily Values are based on a 2,000 calorie diet
** Daily Value (DV) not established

Other ingredients: Whey protein concentrate, cocoa powder, natural flavors, maltodextrin, xanthan gum, whey protein isolate, glucomannan, stevia, L-tryptophan

Contains: Milk, soy lecithin

*Disclaimer: These statements have not been evaluated by the Food and Drug Administration. These

Plexus Products Details, Ingredients, and FAQs

products are not intended to diagnose, treat, cure, or prevent any disease.

Plexus Products Details, Ingredients, and FAQs

PLEXUS XFACTOR MULTI-VITAMIN



Good nutrition is the cornerstone of wellness, but effective and absorbable multi vitamin supplements can be hard to find. Luckily, Plexus has the solution: Plexus XFactor products. Featuring an innovative formula of New Zealand Blackcurrant and vitamins, XFactor products are designed to make your family healthier and happier.*

Consuming multivitamin supplements is a good thing. With our poor diets and all the other threats to our health, it's critical to have a high-quality food source of vital nutrients. But did you know that even if you're taking a multivitamin product, you're probably not getting nearly the level of superior-quality nutrients you thought you were? In fact, studies suggest that the majority of multivitamin products are of poor quality and difficult for the body's digestive tract to break down, digest and absorb. But there's great news! Plexus, a world-recognized leader in the health and nutritional industries, has developed a breakthrough in vitamin supplements. Plexus XFactor is a turbocharged multivitamin and antioxidant supplement with a never-before-seen formulation of a patented aloe blend and New Zealand Blackcurrant of which results in vastly improved absorption and assimilation for optimal nutrition and wellness protection. *

And now, Plexus XFactor is vegetarian-friendly! Our new reformulated multivitamin supplement now contains naturally sourced Folate, Vitamin E and B12.

In this video, Dennis Harris, M.D., Plexus Product Advisor, talks about the science behind the ingredients in XFactor and why the product is so successful and good for your health! [Dennis Harris, M.D. explains Plexus X Factor](#)

Features & Benefits

- Delivers several B vitamins, vitamins D, C and E, the antioxidant protection of New Zealand Blackcurrants, and the impressive nutrient profile of Aloe*
- Provides super-potent antioxidant protection*
- Delivers support for whole-body wellness*
- Supports the body's functions, processes and systems*
- Super-charges the body's various immune activities*

INGREDIENTS

Listed below is EVERY SINGLE ingredient that is in XFactor! Check them out for yourself:

- Proprietary Blend – 390 mg
 - Patented Aloe Vera (aerial parts) Blend
 - New Zealand Blackcurrant fruit extract (std. min. 35% anthocyanins)
 - Guar Gum (fiber)
- Vitamin C (as ascorbic acid & calcium ascorbate) – 200 mg
- Vitamin D (as cholecalciferol) – 1000 IU
- Vitamin E (as d-alpha-tocopheryl succinate) – 30 IU
- Thiamine (as thiamine hydrochloride) – 3 mg
- Riboflavin – 3 mg
- Niacin (as inositol hexanicotinate) – 20 mg
- Vitamin B6 (as pyridoxine hydrochloride) – 10 mg
- Folate (as calcium N5-methyletetrahydrofolate) – 400 mcg
- Vitamin B12 (as methylcobalamin) – 500 mcg
- Pantothenic Acid (as calcium D-pantothenate) – 10 mg
- Other Ingredients
 - Rice Flour
 - Hypromellose (vegetable capsule)
 - Silica
 - Magnesium stearate

Supplement Facts

Serving Size 2 Capsules
Servings per Container 30

	Amount per Serving	%DV
Vitamin C (as ascorbic acid and calcium ascorbate)	200 mg	333%
Vitamin D (as cholecalciferol)	1000 IU	250%
Vitamin E (as D-alpha-tocopheryl succinate)	30 IU	100%
Thiamine (as thiamine hydrochloride)	3 mg	200%
Riboflavin	3 mg	176%
Niacin (as inositol hexanicotinate)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%
Folate (as calcium N5-methyltetrahydrofolate)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	500 mcg	8333%
Pantothenic acid (as calcium D-pantothenate)	10 mg	100%
Proprietary Blend	390 mg	**
Patented aloe vera (aerial parts) blend, guar gum (fiber), New Zealand blackcurrant fruit extract (std. min. 35% anthocyanins)		

**Daily Value (DV) not established

Other Ingredients: Rice flour, hypromellose (vegetable capsule), silica, magnesium stearate

FAQs

Why should I take X-Factor? X-Factor is a turbo charged multi-vitamin supplement that will allow your body to have optimal absorption of essential vitamins.

How is the aloe in X-Factor beneficial? Studies have shown that many multi-vitamins are difficult for the body to digest and absorb. The patented aloe blend allows the deliverance of polysaccharide nutrients and can help with the absorption of ingredients found in Plexus X-Factor.

Is X-Factor gluten-free? Yes.

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Plexus Products Details, Ingredients, and FAQs

PLEXUS XFACTOR FAMILY CHEWABLES MULTI-VITAMIN

Good nutrition is the cornerstone of wellness, but effective and absorbable multi vitamin supplements can be hard to find. Luckily, Plexus has the solution: Plexus XFactor products. Featuring an innovative formula of New Zealand Blackcurrant and vitamins, XFactor products are designed to make your family healthier and happier.*

XFactor Family Chewables contain the superior New Zealand Blackcurrant, which is a powerful nutrient-rich berry known for its potent antioxidant properties. Antioxidants help eliminate free radicals and toxins, and provide support for a healthy balanced life.*

INGREDIENTS

Listed below is EVERY SINGLE ingredient that is in XFactor Family Chewables. Check them out for yourself.

- Proprietary Blend – 390 mg
 - New Zealand Blackcurrant fruit extract
 - Guar Gum
- Vitamin C (as ascorbic acid & calcium ascorbate) – 200 mg
- Vitamin D (as cholecalciferol) – 1000 IU
- Vitamin E (as d-alpha-tocopheryl acetate) – 30 IU
- Thiamine (as thiamine hydrochloride) – 3 mg
- Riboflavin – 3 mg
- Niacin (as inositol hexanicotinate) – 20 mg
- Vitamin B6 (as pyridoxine hydrochloride) – 2 mg
- Folate (folic acid) – 400 mcg
- Vitamin B12 (as cyanocobalamin) – 6 mcg
- Pantothenic Acid (as calcium D-pantothenate) – 10 mcg
- Calcium (as calcium D-pantothenate & calcium ascorbate) – 6 mg
- Sugar
- Dextrose
- Xylitol
- Stearic Acid
- Magnesium Stearate
- Silica
- Citric Acid
- Stevia Rebaudiana Leaf Extract
- L-Tartaric Acid
- Malic Acid
- Luo-han-guo Fruit Extract
- Maltodextrin
- Beta-cyclodextrin
- Dicalcium Phosphate

FAQs

What is the serving size? The serving size for children ages 4-17 is 1 tablet daily. The serving size is 2 capsules daily for those 18 years and older.

What flavor are the XFactor Family Chewables? The flavor is Natural Sour Grape.

Is there dye used in the Plexus XFactor Chewables? No, the purple color comes natural from the New Zealand Blackcurrant Berry.

What type of sweetener is used? The Plexus XFactor Chewables use Stevia, Xylitol and natural cane sugar.

†† Supplement Facts		
Serving Size 2 Tablets		
Servings per Container 30		
	Amount per Serving	% DV** for 4 and over
Total Carbohydrate	1 g	<1%
Vitamin C (ascorbic acid and calcium ascorbate)	200 mg	330%
Vitamin D (as cholecalciferol)	1000 IU	250%
Vitamin E (as DL-alpha-tocopheryl acetate)	30 IU	100%
Thiamin (as Thiamine hydrochloride)	3 mg	200%
Riboflavin	3 mg	180%
Niacin (as inositol hexanicotinate)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Folate (folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	6 mcg	100%
Pantothenic acid (as calcium D-pantothenate)	10 mcg	100%
Calcium (as calcium D-pantothenate and calcium ascorbate)	6 mg	<2%
Proprietary Blend	390 mg	**
New Zealand blackcurrant fruit extract, guar gum		

Other ingredients: Sugar, dextrose, xylitol, stearic acid, natural grape flavor, magnesium stearate, silica, citric acid, stevia rebaudiana leaf extract, L-tartaric acid, malic acid, luo-han-guo fruit extract, maltodextrin, beta-cyclodextrin, dicalcium phosphate

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Plexus Products Details, Ingredients, and FAQs

PLEXUS MegaX



Did you know that your body doesn't create the essential fatty acids that it needs? Plexus MegaX combines the benefits of omega 3, 6, 9, 5 and 7 all in one sustainable, ALA and SDA-rich, heart and brain health softgel. It is truly the complete omega product!*

Plexus MegaX was created using AHIFLOWER® Oil, which contains the omega 3 stearidonic acid (SDA) which your body converts to EPA (the omega-3 fatty acid found in fish oil) at a rate of up to 4 times more efficiently than our other plant-based oils which contain no SDA, such as flaxseed.* See more in this informative new video: <https://www.youtube.com/watch?v=gCKBiMa-67Y&feature=youtu.be>

Features & Benefits of MegaX:

- Research suggests that omega-3s may help lower triglyceride levels. Lower levels of triglycerides are associated with good health, especially cardiovascular health*
- Supports healthy lipid levels*
- Supports normal cholesterol and blood pressure levels, which can help promote cardiovascular health*
- Support for brain health*
- Supports healthy brain development *
- Omega-3 fatty acids are considered essential fatty acids. Also known as polyunsaturated fatty acids, omega-3 fatty acids play a crucial role in brain function*
- Some research suggests that omega-3s may have a positive effect on gradual memory loss linked to aging*
- Helps with stress management*
- Aids in relaxation*
- Studies on DHA have suggested that a dietary supply of omega-3 fatty acids may be essential for optimal visual development*
- Combines the full range of omega 3, 6, 9, 5 and 7
- Gluten-Free
- Carrageenan-Free
- No fishy aftertaste
- AHIFLOWER® Oil is the only identity-preserved, non-GMO source of SDA produced following the proprietary Crop Assured 365® identity preservation and quality assurance methods
- Sustainable and renewable. Other omega products use fish oil and krill oil, which cause concerns regarding overfishing and sustainability (krill and small oily fish such as pilchard, sardine, and anchovy are a primary food source for many endangered marine mammals)
- No potential marine contaminants, mercury from fish, or PCBs (Polychlorinated biphenyls)
- AHIFLOWER® Oil offers superior levels of SDA in comparison to other naturally occurring plant sources, providing approximately 60% more SDA than echium oil and 5-10 times more than hempseed oil.

INGREDIENTS

- **Omega 3 Blend – 300mg:**
 - 200 mg - ALA (From Ahiflower® (Buglossoides arvensis) Seed Oil, Raspberry (seed) Oil, Broccoli (seed) Oil)
 - 100 mg – SDA (From Ahiflower® (Buglossoides arvensis) Seed Oil)
- **Total Omega 6 & 9 Blend – 300 mg:**
 - Ahiflower® (Buglossoides arvensis) Seed Oil
 - Avocado Oil
 - Raspberry (seed) Oil
 - Sea Buckthorn (berry) Oil
 - Pomegranate (seed) Oil
 - Broccoli (seed) Oil
- **Total Omega 5 & 7 Blend – 100 mg:**
 - Pomegranate (seed) Oil
 - Sea Buckthorn (berry) Oil
 - Avocado Oil
- **Other Ingredients:**
 - Gelatin
 - Vegetable Glycerin
 - Purified Water

Supplement Facts

	Amount per Serving	%DV
Serving Size 2 Softgels		
Servings per Container 30		
Calories	10	
Calories from fat	10	
Total fat	1 g	2%*
Omega 3 Blend	300 mg	**
ALA (from Ahiflower® (Buglossoides arvensis) seed oil, raspberry (seed) oil, broccoli (seed) oil) 200mg		
SDA (from Ahiflower® (Buglossoides arvensis) seed oil) 100 mg		
Omega 6 & 9 Blend	300 mg	**
(from Ahiflower® (Buglossoides arvensis) seed oil, avocado oil, raspberry (seed) oil, sea buckthorn (berry) oil, pomegranate (seed) oil, broccoli (seed) oil)		
Omega 5 & 7 Blend	100 mg	**
(from pomegranate (seed) oil, sea buckthorn (berry) oil, avocado oil)		
*Percent daily values are based on a 2000 calorie diet		
**Daily Value (DV) not established		
Other Ingredients: Gelatin, vegetable glycerin, purified water		

FAQs

What sets Plexus MegaX apart from the rest? Unlike most supplements, Plexus MegaX is the complete omega product, delivering the full range of omegas. Plexus MegaX has no fishy aftertaste, thanks to its identity-preserved AHIFLOWER® Oil. This effective source of SDA, which converts to EPA, is a first-rate alternative to omegas derived from fish. AHIFLOWER® Oil is sustainable and renewable, serving as a preferred omega source without contributing to overfishing concerns. AHIFLOWER® Oil's propriety Crop Assured 365® quality assurance methods ensure that it's the real thing and not a GMO.

Why should I take an Omega product? The Omegas are a group of essential fatty acids necessary for overall health. Unfortunately our bodies cannot produce these vital fatty acids on their own, so we depend on food as our source. With today's modern diet and on-the-go eating habits, it's become more and more difficult to get the omegas we need.

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Plexus Products Details, Ingredients, and FAQs

What are the benefits to taking an Omega product? Supplementing your daily intake of omegas can provide a number of benefits:

- Research suggests that omega-3s may help lower triglyceride levels. Lower levels of triglycerides are associated with good health, especially cardiovascular health*
- Supports healthy lipid levels*
- Supports normal cholesterol and blood pressure levels, which can help promote cardiovascular health*
- Support for brain health*
- Supports healthy brain development *
- Omega-3 fatty acids are considered essential fatty acids. Also known as polyunsaturated fatty acids, omega-3 fatty acids play a crucial role in brain function*
- Some research suggests that omega-3s may have a positive effect on gradual memory loss linked to aging*
- Helps with stress management*
- Aids in relaxation*
- Studies on DHA have suggested that a dietary supply of omega-3 fatty acids may be essential for optimal visual development*

What makes Plexus MegaX a complete omega product? MegaX combines the full range of omega 3,6,9,5, and 7 by combining 3 very effective blends:

- Omega 3 Blend – Alpha linolenic acid (ALA) from AHIFLOWER® seed Oil, raspberry seed oil, and broccoli seed oil. Stearidonic acid (SDA) from the AHIFLOWER® seed Oil.
- Omega 6 & 9 Blend – An elegant blend of AHIFLOWER® seed oil, avocado oil, raspberry seed oil, sea buckthorn berry oil, pomegranate seed oil, and broccoli seed oil.
- Omega 5 & 7 Blend – A key blend of pomegranate seed oil, sea buckthorn berry oil, avocado oil.
- These three blends complete the full omega package, all in one pleasant softgel.

Why would you prefer a plant based formula over a fish based formula? MegaX's plant based formula is an excellent alternative to traditional fish based formulas:

- MegaX is gluten-free
- No fishy aftertaste
- AHIFLOWER® Oil is the only identity-preserved, non-GMO source of SDA produced following the proprietary Crop Assured 365® identity preservation and quality assurance methods
- Sustainable and renewable. Other omega products use fish oil and krill oil, which cause concerns regarding overfishing and sustainability (krill and small oily fish such as pilchard, sardine, and anchovy are a primary food source for many endangered marine mammals)
- No potential marine contaminants, mercury from fish, or PCBs (Polychlorinated biphenyls)
- AHIFLOWER® Oil offers superior levels of SDA in comparison to other naturally occurring plant sources, providing approximately 60% more SDA than echium oil and 5-10 times more than hempseed oil

Does Plexus MegaX contain Carrageenan? No, Plexus MegaX does not contain any Carrageenan.

Does Plexus MegaX contain any allergens? No, Plexus MegaX does not contain any major food allergens. As with any dietary supplement, you should consult your physician before taking.

What is the expiration date for Plexus MegaX? You can find the expiration date for Plexus MegaX on the bottle.

What is the suggested use for Plexus MegaX? Take two Plexus MegaX softgels orally daily.

Is Plexus MegaX vegan/vegetarian? No. The softgel capsule, which surrounds the Plexus MegaX product, is made using gelatin (bovine).

Is Plexus MegaX kosher? The gelatin used to make the softgels surrounding the Plexus MegaX product is bovine, not porcine. However, Plexus MegaX is not certified kosher.

What is ALA and SDA? Alpha Linolenic Acid (ALA) and Stearidonic Acid (SDA) are fatty acids derived from omegas.

How do I store Plexus MegaX? Store in a cool, dry place.

Can I take Plexus MegaX if I am pregnant or nursing? Plexus recommends that you consult your physician prior to taking any dietary supplement.

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Plexus Products Details, Ingredients, and FAQs



PLEXUS EASE CAPSULES

Over 76 million Americans struggle with discomfort each day. Struggling with discomfort-back problems, muscle tension, joint soreness, and so forth-you may be wondering how to find a healthy solution to help you with maintenance of discomfort! Plexus has developed Plexus Ease, a cutting-edge product system with a proprietary ingredient blend that can help you live happier, healthier, and reduce discomfort.*

For maintenance of discomfort, you will want to take the Plexus Ease Capsules. Day after day, you may notice your discomfort becoming less and less.*

Features & Benefits:

- Unique, proprietary ingredient blend *
- May provide comprehensive “inside-outside” synergistic relief with the Ease Cream*

INGREDIENTS

Listed below is EVERY SINGLE ingredient that is in Ease Capsules! Check them out for yourself:

- Proprietary Blend – 600 mg
 - New Zealand Green Lipped Mussel Powder (ETARol™). NOTE: ETARol™ is a trademark of Clinical Study Applications, Chandler, AZ
 - Turmeric (Rhizome) Extract
 - Serrapeptase
 - Bromelain
- Other Ingredients
 - Hypromellose (vegetable capsule)
 - Magnesium Stearate
 - Titanium Dioxide

Supplement Facts

Serving Size 1 Capsule Servings per Container 60

Amount per Serving		%DV**
Proprietary Blend	600 mg	**
New Zealand green lipped mussel powder (ETARol™), bromelain, serrapeptase, turmeric (rhizome) extract		

**Daily Value (DV) not established

Other Ingredients: Hypromellose (vegetable capsule), magnesium stearate, titanium dioxide

ETARol™ is a trademark of Clinical Study Applications, Inc., Chandler, AZ

Distributed by:
Plexus Worldwide
15649 N. Greenway Hayden Loop
Scottsdale, AZ 85260

plexus
WORLDWIDE
L1-EZCA-X60A

FAQs

How long does a bottle of Ease Capsules last? One month with a maintenance dose. Most users double or triple the dosage in the beginning to accelerate their response, and a single bottle will not last 4 weeks in this scenario.

What is the dosage for Ease Capsules? Take 1 to 3 capsules as needed.

How quickly will the Plexus Ease Capsules work? Results may vary.

Are the Ease Capsules gluten-free? Yes.

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Plexus Products Details, Ingredients, and FAQs

PLEXUS EASE CREAM



Over 76 million Americans struggle with discomfort each day. Struggling with discomfort-back problems, muscle tension, joint soreness, and so forth-you may be wondering how to find a healthy solution to help you with maintenance of discomfort! Plexus has developed Plexus Ease, a cutting-edge product system with a proprietary ingredient blend that can help you live happier, healthier, and reduce discomfort.*

The Plexus Ease Cream is for temporary relief of discomfort due to an active lifestyle. Plexus Ease Cream helps the body to reduce discomfort quickly, safely and effectively. Simply rub the cream on the area giving you discomfort and within minutes you can have the temporary relief that you want.*

Features & Benefits:

- Proprietary ingredient blend*
- Provides synergistic "inside-outside" relief with the Ease Capsules*
- Non-greasy and with pleasant scent
- Easy to use

INGREDIENTS

Listed below is EVERY SINGLE ingredient that is in Ease Cream! Check them out for yourself

- Water
- Alcohol (SDA 40)
- Hamamelis Virginiana (Witch Hazel) Extract
- ETARol™ (Green Lipped Mussel Powder) NOTE: ETARol™ is a trademark of Clinical Study Applications, Chandler, AZ
- Menthol
- Citrus Grandis (Grapefruit) Extract
- Camellia Sinesis (Greet tea) Leaf Extract
- Cucumis Sativus (Cucumber) Fruit Extract
- Pollen Extract
- Citris Aurantium Dulcis (Orange) Flower Extract
- Anthemis Nobilis Flower Extract
- Macrocystis Pyrifera Extract
- Lavandula Augustifolia (Lavender) Extract
- Aloe Barbadensis (Aloe Vera) Leaf Juice
- Prunus Amygdalus Dulcis (Sweet Almond Oil)
- Methylsulfonylmethane (MSM)
- Glucosamine Sulfate
- Chondroitin Sulfate
- Sodium Hyaluronate
- Capsicum Frutescens Extract
- Saccharide Isomerate
- Tocopheryl Acetate (Vitamin E)
- Retinyl Palmitate (Viatmin A)
- Tocopherol
- Peppermint (Mentha Piperita) Oil
- Polysorbate 80
- Titanium Dioxide
- Carbomer
- Potassium Sorbate
- Phenoxyethanol
- Ethylhexylglycerin
- Tromethamine

FAQs

How long does a bottle of Plexus Ease Cream last? It depends on how frequently you are using it. When you first begin, you may want to use the Cream every 2-3 hours to achieve relief. With that frequent application, you may want to get more than one bottle with your initial order.

Ingredients As A Proprietary Blend: Water, Alcohol (SDA 40), Hamamelis Virginiana (Witch Hazel) Extract, Menthol, ETARol™ (New Zealand Green Lipped Mussel Powder), Citrus Grandis (Grapefruit) Fruit Extract (and) Camellia Sinensis (Green Tea) Leaf Extract (and) Cucumis Sativus (Cucumber) Fruit Extract (and) Pollen Extract (and) Citrus Aurantium Dulcis (Orange) Flower Extract (and) Anthemis Nobilis Flower Extract (and) Macrocystis Pyrifera Extract (and) Lavandula Angustifolia (Lavender) Extract, Aloe Barbadensis (Aloe Vera) Leaf Juice, Prunus Amygdalus Dulcis (Sweet Almond Oil), Methylsulfonylmethane (MSM), Glucosamine Sulfate, Chondroitin Sulfate, Sodium Hyaluronate, Capsicum Frutescens Extract, Saccharide Isomerate, Tocopheryl Acetate (Vitamin E), Retinyl Palmitate (Vitamin A) (and) Tocopherol, Peppermint (Mentha Piperita) Oil, Polysorbate 80, Titanium Dioxide, Carbomer, Potassium Sorbate, Phenoxyethanol (and) Ethylhexylglycerin, Tromethamine

ETARol™ is a trademark of Clinical Study Applications, Inc., Chandler, AZ

Suggested Use: Apply to the desired area by massaging the product in well. Use every two hours or as needed.

Warning: For external use only. Keep out of eyes and mucous membranes. Keep out of reach of children. Discontinue use if rash or other reaction occurs.

Store tightly closed in a cool, dry place.

Live Healthy • Love Life • Be Plexus™



Distributed by:

Plexus Worldwide

15649 N. Greenway Hayden Loop
Scottsdale, AZ 85260

L1-EZCR-X4ZA

*Disclaimer: These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Plexus Products Details, Ingredients, and FAQs

PLEXUS NERVE



Over 76 million Americans struggle with discomfort each day. Struggling with discomfort-back problems, muscle tension, joint soreness, and so forth-you may be wondering how to find a healthy solution to help you with maintenance of discomfort! Plexus has developed Plexus Ease, a cutting-edge product system with a proprietary ingredient blend that can help you live happier, healthier, and reduce discomfort.*

Plexus Nerve is a specially formulated combination of vitamins, minerals, herbs and amino acids to help support healthy nerve cells and nervous system.*

Features & Benefits:

- Specially formulated combination of vitamins, minerals, herbs and amino acids.*
- May reduce symptoms from nerve discomfort.*
- NOTE: This does not apply to nerve discomfort from an underlying disease such as diabetes, autoimmune disorder, or other applicable disease.*

INGREDIENTS

Listed below is EVERY SINGLE ingredient that is in Fast Relief Nerve Health Support! Check them out for yourself:

- Proprietary Blend – 262 mg
 - Acetyl L-Carnitine
 - Alpha Lipoic Acid
 - Horse Chestnut Extract 20%
 - Butchers Broom Powder (root)
 - Quercetin -
- Thiamin (as thiamin hydrochloride) – 10 mg
- Riboflavin – 2.5 mg
- Niacin (as niacinamide) – 12.5 mg
- Vitamin B6 (as pyridoxine HCL) – 5 mg
- Folic Acid – 200 mcg
- Vitamin B12 (as methylcobalamin) – 500 mcg
- Biotin (as d-biotin) – 500 mcg
- Magnesium (as magnesium glycinate chelate) – 5 mg
- Zinc (as zinc amino acid chelate) – 5 mg
- Copper (as copper citrate) – 125 mcg
- Hypromellos (vegetable capsule)
- Rice flour
- Silicon dioxide
- Magnesium Stearate
- Titanium Dioxide

FAQS

- **What are the benefits of Nerve Health Support?** For temporary relief of nerve discomfort due to an active lifestyle.
- **What is the recommended dose?** Take one (1) capsule twice daily with or without food.
- **Are the Nerve Health Support Capsules gluten-free?** Yes.

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Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

Amounts Per Serving		%DV**
Thiamin (as thiamin hydrochloride)	10 mg	667%
Riboflavin	2.5 mg	147%
Niacin (as niacinamide)	12.5 mg	62%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Folic acid	200 mcg	50%
Vitamin B12 (as methylcobalamin)	500 mcg	8,333%
Biotin (as d-biotin)	500 mcg	167%
Magnesium (as magnesium glycinate chelate)	5 mg	1%
Zinc (as zinc amino acid chelate)	5 mg	33%
Copper (as copper citrate)	125 mcg	6%

Proprietary Blend 262 mg **
Acetyl L-Carnitine, alpha lipoic acid, horse chestnut extract 20%, butchers broom (root), quercetin

**Daily Value (DV) not established

Other Ingredients: Hypromellose (vegetable capsule), rice flour, silicon dioxide, magnesium stearate, titanium dioxide

Suggested Use: Take 1 capsule twice a day with or without food.

Optimal Use: Take 2 capsules three times daily.

Warning: Not intended for expecting or nursing mothers. Do not consume if under 18. Consult a physician before starting this or any other supplementation.

This product is Gluten-Free*

No artificial preservatives, salt, fat, wheat or caffeine*

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plexus Distributed by:
Plexus Worldwide, Inc.
15649 N. Greenway Hayden Loop
Scottsdale, AZ 85260

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Plexus Products Details, Ingredients, and FAQs

PLEXUS BODY CREAM



Plexus Body Cream is a unique skin renewing cream with Spirulina Algae and Activated Charcoal! Initial reports say that Plexus Body Cream has been found to revitalize the skin over the entire body of both men and women.*

The effective detoxifying action is promoted by Spirulina Algae, plus the new addition of Activated Charcoal, to remove age-advancing toxins and impurities from the skin. These ingredients are carried into the skin's layers on a Rich Blend of Aloe Barbadensis (Aloe Vera Gel), Sweet Almond Oil, Grape Seed Oil, Evening Primrose Oil, Lavender Oil and Rosaceae Oil.*

Plexus Body Cream brings new life and vibrancy to your skin!*

Features and Benefits:

- Features powerful Spirulina Algae*
- Activated Charcoal helps fight against age-advancing toxins and impurities*
- Rich Blend of Aloe Barbadensis (Aloe Vera Gel), Sweet Almond Oil, Grape Seed Oil, Evening Primrose Oil, Lavender Oil and Rosaceae Oil*
- Revitalizes the skin over entire body for both men and women.*

INGREDIENTS:

Listed below is EVERY SINGLE ingredient that is in Plexus Body Cream! Check them out for yourself:

- Cetearyl
- Caprylic/Capric Triglyceride
- Glycerol Stearate SE
- Prunus Amygdalus Dulcis (Sweet Almond) Oil
- Aloe Barbadensis (Aloe Vera Gel)
- Sodium Stearoyl Lactylate
- Spirulina Maxima Extract
- Citrullus Lanatus (Watermelon)
- Charcoal
- Oryza Sativa (Rice) Extract
- Vitis Vinifera (Grape) Seed Oil
- Butyrospermum Parkii (Shea Butter)
- Oenothera Biennis (Evening Primrose) Oil
- Tocopheryl Acetate (Vitamin E)
- Tapioca Starch
- Lavandula Angustifolia (Lavender) Oil
- Rosaceae (Rose Absolute Moroccan) Oil
- Guar Gum
- Potassium Sorbate
- Gluconolactone
- Sodium Benzoate
- Citric Acid

Directions:

Massage a small amount on desired area as needed. Once opened, store away from heat or direct sunlight.

Recommended: Use within 30 days of opening.

If pregnant or breast feeding, please consult a physician prior to use. Use only as directed.

Ingredients:

Water, Cetearyl Alcohol, Caprylic/Capric Triglyceride, Glycerol Stearate SE, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Aloe Barbadensis (Aloe Vera) Leaf Juice, Sodium Stearoyl Lactylate, Glycerin (and) Spirulina Maxima Extract, Citrullus Lanatus (Watermelon) Extract, Charcoal, Ergothioneine, Oryza Sativa (Rice) Extract, Vitis Vinifera (Grape Seed Oil), Butyrospermum Parkii (Shea Butter), Oenothera Biennis (Evening Primrose) Oil, Tocopheryl Acetate (Vitamin E), Tapioca Starch, Lavandula Angustifolia (Lavender) Oil, Rosaceae (Rose Absolute Moroccan) Oil, Guar Gum, Potassium Sorbate, Gluconolactone (and) Sodium Benzoate, Citric Acid.

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FAQs:

What are the benefits of Activated Charcoal? Helps fight against age-advancing toxins and impurities.

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